TABLE OF CONTENTS

Contents	Page Numbers
Introduction to Good Ego, Bad Ego: Understanding the Seven Facets of the Ego	i
PART ONE – WHAT ARE THE SEVEN FACETS OF THE EGO?	
The Seven Postures of the Ego	1-4
The Mandala of the Ego	4-6
Part Two – Ego Death	
The Phenomena of So-Called Ego Death	7-9
The Role of Wisdom in Supplanting the Dominion of Ego	10
The Gentle Art of Destroying the Ego and Why This Might Not Be Such a Good idea	11
Patterns of Demonization of the Personality	11-13
Reflections on Transcending and Dissolving the Ego	13-19
PART THREE – THE EGO AND THE SEVEN RAYS	
The Seven Rays and the Ego	21-26
Understanding the Subdominant Ego Rays	27-28
Part Four – Spirituality and the Ego	
The Many Faces of Spiritual Egotism	29-32
Idealization and the Ego Ideal	32-34
On Evolving beyond the Ego	34-35
The Role of Satsang in Correcting the Ego	35-36
Spirituality Confronts the Ego: Finding a Life-Affirming Approach	36-38
PART FIVE – THE OGRE ON THE THRESHOLD	
The Ego as Obstacle	39-40
Ways of Working with the Ego	41
The Cage of the Ego	42-44
The Seven Sheaths of the Ego Revisited	44
On Carnal Will	45-47
Breaking Up Patterns of the Negative Egoic Complex	48-49
Varieties of Evocative, Insight Modalities	50-51
PART SIX – THE POSSIBILITY OF TRANSCENDING THE EGO	
Transition from Ego-Polarized Identification to Self-Empowerment	53-57
Shifting beyond the Ego	58-59